



BARTS DENTSOC X MAA

PEAK DISTRICT HIKE

◆ **LOCATION: PEAK DISTRICT MAM TOR**

◆ **DATE: JUNE 4TH 2025**

◆ **TICKET PRICE: £30**

◆ **FUNDRAISING TARGET: £250**

FUNDRAISING

Thank you for signing up for the Barts Dental Society and Maa Peak District Hike! We hope that you are looking forward to climbing the Peak District.

Our fundraising platform will be LaunchGood.

Dental society will have their own team page, and every participating individual can create their own fundraising pages to raise money for the Hike or any challenge.

Please make sure to share the page and get as many donations as possible. Remember the money you fundraise will go in aid of the mothers in rural Bangladesh and India. Just a little bit of effort and you could make life changing impact on our mothers in Bangladesh and be one step closer in revolutionising maternal healthcare.

Steps to create a fundraising page on LaunchGood:

1. **Go to** - LaunchGood.com/BartsPeakDistrictHike
2. **Click** – ‘Start a campaign’
3. In the ‘**I want to raise**’ section, enter **£250**.
4. In the ‘**For my campaign**’ section, enter your name followed by “**Maa Hike**” (e.g., *Rafah’s Maa Hike*).
5. Click the ‘**Go Live**’ button. Your page should go live instantly, but in some cases, it may take a few hours. Once your page is live, please **copy and paste the link** into our ticket section.
6. **Start fundraising!** Best of luck!

In addition, we are more than happy to create your page if you need any help!

Top tips for fundraising:

- Message friends and family (best way to get donations)
- Social Media
 - Instagram stories
 - Instagram highlights
 - Live videos
 - Facebook posts
- Get cash donations from family and friends and donate through your own fundraising page with the money you have accumulated.

PEAK DISTRICT INFORMATION SHEET

Wednesday 4th June 2025

London Itinerary

Time	Action	Notes
7:30AM	Arrival time for Hikers at Mile End Bus Stand, Mile End Rd, Bow, London E3 4QY	Please be on time. The coach will not wait for late comers.
7:35AM	Coach Departure Time	Est Journey Time: 3hr 30 mins to 4hr 30mins
12:30AM	Arrival time at Cross Street, Castleton, Hope Valley, Derbyshire, S33 8WH	Use this time for toilet break and put on hiking gear on
12:45AM	Briefing by guides	
13:00 – 18:00PM	Hike	Hike length: 5hr Group photo!
18:30PM	Coach Departure Time from Cross Street, Castleton, Hope Valley, Derbyshire, S33 8WH	Est Journey Time: 3hr 30 mins to 4hr 30mins
11:30PM	Arrival at Mile End Bus Stand, Mile End Rd, Bow, London E3 4QY	Ensure you have a route home

Please note: We will accommodate times for Dhuhr, Asr and Maghrib prayer during the hike.

KIT LIST

We hope you're all excited for MaaMonth's Peak District Hike, for those unsure of what to bring we've created an easy list for you.

- ✓ Comfortable Walking Boots/Shoes. Shoes with grip.
- ✓ Loose, comfortable trousers or trackies (ideally waterproof)
- ✓ A hooded top or fleece
- ✓ A warm coat (Dependent on weather)
- ✓ Backpack (normal sized to carry items)
- ✓ Spare Clothing (Dependent on weather - including socks, trousers and top. There will be space on the coach to leave your items.
- ✓ Food (standard packed-lunch items, with snacks to keep your energy going. Please remember to bring a water bottle.
- Walking Poles (Optional. For those who are not strong walkers, a walking pole is recommended)
- ✗ Try to avoid wool (Wear synthetic clothing as they are quick drying)
- ✗ NO WELLIES

Contacts:

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Please do not hesitate to contact us if you have any queries regarding the hike.

